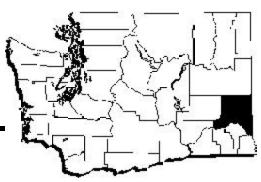
Whitman County WIC Facts 2003



% infants born served by WIC 49.0%

WIC food dollar contribution to local economy \$461,863

WIC foods purchased

30,949 gallons of milk 18,662 boxes of cereal 13,065 cartons of eggs

WIC serves

Total women and children served 959	1,391
Pregnant, breastfeeding, and	
postpartum women 432	
Diverse families	
Caucasian 7	
Hispanic	3.9%
African American/Black	
Asian/Pacific Islander1	0.1%
Native American/American Indian	2.6%
Workingfamilies	
Percent of WIC households with at least one	
working family member	67%
Families living in poverty	
Percent of WIC households with income at or below	
the federal poverty level ¹	
(less than \$1,336 per month for a family of 3)	



WIC attracts families to preventive health services

Over 5,515 times last year, WIC staff discussed health-related services with families and provided the information and support needed to access them successfully.

WIC agencies and sites

Whitman County Health Department Colfax Pullman Tekoa

Statewide WIC Facts

- WIC served 48.2% of all infants born in Washington state
- WIC served 260,000 women and children WIC provides nutritious foods, nutrition education, referrals and breastfeeding information.
- WIC contributed \$94.5 million to local economies
- WIC attracted families to preventive health services In 2003, more than 19,400 calls to the Healthy Mothers, Healthy Babies statewide referral line were from families calling for WIC.² With this one call, they got help finding WIC and also received information about other preventive health services.
- WIC was a gateway to health-related services
 Over 1.3 million times last year, WIC staff discussed these services with families and provided the information and support needed to access them successfully.
- WIC breastfeeding rate reached 83.2%³
 Breastfeeding support and education are key parts of WIC because breastfed children have fewer infections and are less likely to develop chronic conditions like obesity and diabetes later in life.

¹Washington WIC Client Information Management System (CIMS), household income at or below 105% federal poverty level

²Healthy Mothers Healthy Babies Coalition of Washington State, Quarterly Report, 4th Quarter 2003

³ "Mothers Survey, Ross Products Division, and Abbott Laboratories." © 2003 - Abbott Laboratories.